



Delores Pigsley,  
Tribal Chairman  
Brenda Bremner,  
General Manager  
and Editor-in-Chief

Right: Glen Melville (left), deputy associate director of the BIA Office of Justice Services; Tara Mac Lean Sweeney (second from left), assistant secretary – Indian Affairs; and Mark Cruz (far right), deputy assistant secretary – Indian Affairs for Policy and Economic Development, stand in front of the Siletz Dance House with Tribal Council members Gloria Ingle, Bud Lane, Angela Ramirez and Loraine Butler. Sweeney, Cruz and Melville met with the Tribal Council and then toured various locations in the Siletz area on March 28.



Below right: Tribal Council members Sharon Edenfield (left) and Bud Lane wrap Tara Mac Lean Sweeney in a Siletz Reservation robe blanket during Sweeney's visit to Siletz.



Photo above by Buddy Lane  
Photo right by Angela Ramirez



**Siletz News would like your feedback**

We are excited to announce, in our efforts to reach more readers and reduce paper, Siletz News is considering a move online!

This earth friendly shift will allow readers access to important information whenever you chose.

Please give us your feedback by following the online link below or scanning this QR Code. This anonymous survey takes two (2) minutes to complete.



<https://www.surveymonkey.com/r/Q7YWZ6N>

For more info, call Andy at 541-444-8293

## Indian Country Today to open newsroom at ASU; goal is to create national TV news program

From <https://newsmaven.io/indiancountrytoday/>; originally posted April 3, 2019

This summer, Indian Country Today will open a newsroom in Phoenix at the Walter Cronkite School at Arizona State University.

Indian Country Today is on the move. It has a new legal framework — and soon will have a new newsroom and partnership with Arizona State University.

Last month the news organization officially incorporated as Indian Country Today LLC, a non-profit news company, owned by the non-profit arm of the National Congress of American Indians. The new legal structure codifies the news organization's independent course.

This summer, Indian Country Today will open a newsroom in Phoenix at the Walter Cronkite School at Arizona State University. Indian Country Today will maintain a Washington newsroom for its digital operations.

"We are excited to be partners with Arizona State University," said Mark Trahant, editor of Indian Country Today. "This is game-changing because it builds on so much of the work that ASU is already doing with the journalism focused on borders, its large population of Native students, a new research professor and its commitment to representation in media. Plus the Cronkite school has become a

See Indian on page 9

Editor's note: The Chairman's Report will resume in a future issue of Siletz News.

## Wyden, Merkley announce affordable housing grants for Oregon Tribes

WASHINGTON – U.S. Sens. Ron Wyden and Jeff Merkley announced on April 15 that Oregon Tribes will receive more than \$15 million in federal grants to support affordable housing.

“Quality of life throughout our state requires housing that Oregonians can afford,” Wyden said. “These fresh federal resources for Oregon’s Tribes will help them achieve that essential quality-of-life goal and help to honor America’s historic

obligations for people living and working in these communities.”

“The country is facing its biggest housing affordability crisis in decades, with rents dramatically outpacing incomes – and is so often the case, this economic challenge is hitting Tribal communities in our state especially hard,” Merkley said. “These grants will help develop affordable housing for Tribes in Oregon and I will continue to use my seat on the Senate Appropriations Committee to fight for

these resources and be a strong federal partner in supporting Tribal sovereignty and self-determination.”

The \$15.1 million from the Department of Housing and Urban Development (HUD) will be distributed as follows:

- Burns Paiute Tribe, \$117,109
- Confederated Tribes Coos, Lower Umpqua and Siuslaw Indians, \$929,652
- Cow Creek Band of Umpqua, \$923,649
- Confederated Tribes of Grand Ronde, \$3.08 million
- Klamath Tribes, \$2.77 million
- **Confederated Tribes of Siletz Indians, \$3.95 million**
- Confederated Tribes of Umatilla, \$1.87 million
- Confederated Tribes of Warm Springs, \$1.36 million

### Most Often Requested Numbers

Confederated Tribes of Siletz Indians – 800-922-1399  
Salem Area Office – 503-390-9494  
Portland Area Office – 503-238-1512  
Eugene Area Office – 541-484-4234

Contract Health Services (CHS) – 800-628-5720  
Siletz Clinic – 800-648-0449  
Siletz Behavioral Health – 800-600-5599  
Chinook Winds – 888-244-6665

Chemawa Health Clinic – 800-452-7823  
Bureau of Indian Affairs – 800-323-8517  
Website – www.ctsi.nsn.us

### Central Coast NOW in Siletz for meeting

The Central Oregon Coast NOW (National Organization for Women) will come to Siletz for a get-together on May 30 at the Siletz Tribal Community Center on Government Hill.

The event will begin at 5 p.m. with a light meal and continue to 8 p.m. with some brief talks and discussion of things that are important to us all.

For more information, contact Bud Lane 541-444-8320; 800-922-1399, ext. 1320; or budl@ctsi.nsn.us.

Hosted by the Siletz Culture Department and the CARE Program

### Tenas Illahee Childcare Center Board of Directors Vacancies

Résumés are being accepted for the Tenas Illahee Childcare Center Board of Directors. Currently, there are two vacant board positions.

If interested, please submit your résumé to Siletz Tribal Council, c/o Executive Secretary, P.O. Box 549, Siletz, OR 97380-0549.

Vacancies are open until filled.

Siletz News is free to enrolled Siletz Tribal members. For all others, a \$12 annual subscription fee applies. Please make checks payable to CTSI and mail to Siletz News.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

**Change of address:** Tribal members – contact the Enrollment Department at 541-444-8258; 800-922-1399, ext. 1258; or enrollment@ctsi.nsn.us. All others – call the newspaper office.

### Elders Council Meeting

May 11 • 1-4 p.m. • Chinook Winds Casino Resort

For more information, contact the Elders Program at 800-922-1399, ext. 1261, or 541-444-8261.

### Nuu-wee-ya' (our words)

#### Introduction to the Athabaskan language

Open to Tribal members of all ages

#### Siletz

Siletz Tribal Community Center  
May 6 – 6-8 p.m.  
June 3 – 6-8 p.m.

#### Portland

Portland Area Office  
May 13 – 6-8 p.m.  
June 10 – 6-8 p.m.

#### Eugene

Eugene Area Office  
May 7 – 6-8 p.m.  
June 4 – 6-8 p.m.

#### Salem

Salem Area Office  
May 14 – 6-8 p.m.  
June 11 – 6-8 p.m.

Classes begin with basic instruction and progress over the year. They also are a refresher course for more-advanced students. Come and join other members of your community and Tribe in learning to speak one of our ancient languages.

We also have equipment in the Cultural Department available for use in grinding and drilling shell or pine nuts or other applications. If you need to use the equipment, call the number below to set up an appointment.

For more information, contact Bud Lane at the Siletz Cultural Department at 541-444-8320 or 800-922-1399, ext. 1320; or e-mail budl@ctsi.nsn.us.

#### Send information to:

Siletz News  
P.O. Box 549  
Siletz, OR 97380-0549  
541-444-8291 or  
800-922-1399, ext. 1291  
Fax: 541-444-2307  
Email: pias@ctsi.nsn.us

Deadline for the June issue is May 10.

Submission of articles and photos is encouraged.

Please see the Passages Policy on page 20 when submitting items for Passages.



Member of the Native American Journalists Association

# Construction of Nesika Illahee (Our Place) apartments is under way

In 2018, the Confederated Tribes of Siletz Indians began discussions with the Native American Youth and Family Center (NAYA) on a potential partnership opportunity to provide affordable housing in Portland, Ore., for Siletz Tribal members.

A limited partnership was formed to develop a 59-unit apartment complex known as Nesika Illahee. Through the Tribal contribution of Indian Housing

Block Grant funds to Nesika Illahee, this will be the first housing project in Portland to have units designated specifically for American Indian families.

The unit mix is 13 studios, 30 one-bedroom, nine two-bedroom and seven 3-bedroom apartments. NAYA and the Native American Rehabilitation Association Northwest will provide a multitude of on-site services that focus on the needs of the Native community.

Nesika Illahee is currently under construction, located on the corner of NE Holman and 42<sup>nd</sup> Avenue in Portland's Cully neighborhood. It is near NAYA, a beautiful city park and Portland Community College's workforce center, close to community resources for residents to thrive.

The goal is for the units to be ready for occupancy by the end of 2019. For more information, please contact:

Sami Jo Difuntorum – 541-444-8312; 800-922-1399, ext. 1312; or samijod@ctsi.nsn.us

Brett Lane – 541-444-8317; 800-922-1399, ext. 1317; or brettl@ctsi.nsn.us

Isaac DeAnda Sr. – 541-444-8314; 800-922-1399, ext. 1314; or isaacd@ctsi.nsn.us

Tribal employment information is available at [ctsi.nsn.us](http://ctsi.nsn.us).

## Culture Craft Night Dentalium Stringing Class

**Siletz**  
Tribal Community Center  
May 6 • 5-7 p.m.

**Eugene**  
Eugene Area Office  
May 7 • 5-7 p.m.

**Portland**  
Portland Area Office  
May 13 • 5-7 p.m.

**Salem**  
Salem Area Office  
May 14 • 5-7 p.m.



Siletz Tribal members are invited to come and learn how to string dentalium. All ages are welcome. Young people under age 10 need an adult to accompany and assist them.

The Siletz Culture Department will provide material and instructors. If you have your own materials, please bring them.

Contact: Bud Lane, budl@ctsi.nsn.us; 541-444-8320 or 800-922-1399, ext. 1320.

Sponsored by the Education and Culture Departments

## Culture Craft Nights Feather Dance Practice



**Siletz**  
Tribal Community Center  
June 3 • 5-7 p.m.

**Eugene**  
Eugene Area Office  
June 4 • 5-7 p.m.

**Portland**  
Portland Area Office  
June 10 • 5-7 p.m.

**Salem**  
Salem Area Office  
June 11 • 5-7 p.m.

Come and learn how to dance in the Feather Dance and learn our traditions surrounding the dance.

**Siletz Tribal members and their families welcome.** Young people under age 10 need an adult to accompany and assist them.

The Siletz Culture Department will provide instructors to assist.

Contact: Bud Lane, budl@ctsi.nsn.us; 541-444-8320 or 800-922-1399, ext. 1320

Sponsored by the Education and Culture Departments

## STRCP has loans available for Tribal members

As a reminder, the Siletz Tribe Revolving Credit Program (STRCP) has consumer, home improvement and business loans available for Tribal members. Additionally, STRCP continues to report all loans to the TransUnion Credit Bureau on a monthly basis, which improves your credit score with on-time payments.

The STRCP Board of Directors has set new base interest rates: Consumer loans are 12.5%, home improvement loans are 10.5% and business loans are 9.5%. These rates are subject to change.

If you are interested in applying for a loan or would like more information, please don't hesitate to contact the STRCP credit administrator, Tracy Garrison, at 541-994-2142 or 877-564-7298; or visit the STBC (Siletz Tribal Business Corporation) website at [stbcorp.net](http://stbcorp.net)

## STBC seeks contractor for Toledo Mill site property

STBC is seeking contractor to perform cleanup, repair and/or replacement of existing culverts on the lower basis of the Toledo Mill site property, located 2009 Sturdevant Road, Toledo, OR 97391.

The deadline to submit a bid is May 29, 2019.

Please visit [stbcorp.net](http://stbcorp.net) or contact Michael Phillips, STBC Property & Business Development manager, at 541-994-2142, 877-564-7298 or [mphillips@stbcorp.net](mailto:mphillips@stbcorp.net) for more information.

# National Day of Awareness For Missing and Murdered Indigenous Women and Girls May 5

There will be an honor song  
and display at Newport City Hall

**10:00am**

*You can show your support for those who are  
missing and have been murdered by  
wearing red and joining the CARE Program  
& My Sisters' Place at Newport City Hall*

This flyer was developed by Confederated Tribes of Siletz Indians of Oregon, supported by Grant No. 2016-KT-AX-0006 and Grant No. 2017-TW-AX-0073 awarded by the Office on Violence Against Women, U.S. Department of Justice. The opinions, findings, conclusions and recommendations expressed in this document are those of the author(s) and do not necessarily reflect the views of the Department of Justice, Office on Violence Against Women.

## Babies!



**Micco Alexander Lee Gilbert**

Born April 4, 2019

Since the day you were born, your heartbeat took lead on my soul's drum.



## Home Visiting graduates: Brittany Patrick and her son, Axsel

Congratulations to Brittany Patrick for graduating from the Home Visiting program!

Brittany entered the program right before her son, Axsel, was born and participated until he turned 3 this March. She actively engaged in the program, sharing her thoughts, ideas and asking questions.

As a parent, Brittany grew in her knowledge, skills and confidence over the years.

She had this to say about the program. "A million times over I'd recommend it to everyone. It makes all the difference. I don't know what I'd have done without it. All the lessons keep me at ease knowing my son's development is good. It provides stress relief in knowing I'm doing good. It reassures me."

Congratulations, Brittany!

## Congratulations, Head Start graduates! Nutrition is the foundation of health

By Nancy Ludwig, MS, RDN, LD,  
Siletz Tribal Head Start Nutritionist

Another Head Start class graduates soon. Congratulations! May the healthy behaviors learned bring health and nourishment for the entire graduating class, their families and the entire community.

As part of my role as consultant nutritionist to Siletz Tribal Head Start, I offer information for families and remind readers that I am available to support Head Start families by discussing nutrition-related concerns via telephone at no charge through the program.

This year's topics included the following titles (October to April): "Head Start Nutrition," "Squash Breakfast Ideas without Grains," "Healthy Winter Holiday Strategies," "ACE Impacts Digestion & Health," "Food Additives & Children's Behavior/Health," "But I Don't Like to Drink Water," and "Why Check My Child's Hemoglobin?"

Each article contained common messages. Nutrition is a community concern. Everything that is important in Head Start is also important to the community.

Nutrition is the foundation of health. Health requires access to wholesome, safe, clean foods. Traditional food practices generally demonstrate a path to optimal nutrition.

In our current environmental and economic challenges, the concepts are stretched to include nutritional equivalents that can be purchased at stores and prepared within a busy schedule. Key points are highlighted in the paragraphs below. Full articles are archived on the Tribal website.

Head Start has specific nutrition requirements and performance standards. These include identification of nutritional needs, nutritional services, meal services, family assistance with nutrition, and food safety and sanitation. Simply put, Head Start focuses on the needs of the children and helps connect needs with services.

Head Start provides nutritious food choices through snacks and family-style meals supported with nutrition cur-

riculum. Students are coached to explore foods by tasting and describing them, growing them, learning about why some are nutritious and how they may fit as traditional foods or their nutritional equivalents. Food safety and sanitation is followed, monitored and taught.

A modern look at traditional foods helps people who struggle with illness, including diabetes, celiac, rheumatoid arthritis, multiple sclerosis, lupus, Hashimoto's thyroiditis and more. The nutritional concept is to avoid (or limit) grains, starches and sugar. Squash is a traditional food and can be prepared in convenient delicious ways to support health. It can even be eaten for breakfast.

During the winter months, we set the stage to continue healthy habits with reminders as we are faced with temptations in the name of celebration. It is important to reflect, anticipate, be conscious and learn while truly celebrating with gratitude. What is truly important? What examples do you want to set for your children?

Make a plan in advance. Be mindful and form better habits through awareness. Remember what and why you are celebrating. Gratitude goes a long way to improve how we are nourished by our food to support our health.

Adverse childhood events (ACEs) are correlated with negative, lasting effects on health and well-being. ACEs are potentially traumatic events that range from physical, emotional or sexual abuse to parental divorce or the incarceration of a parent or guardian.

Possibly the most under-exposed risk factor on health across a lifetime for all major chronic health conditions in the world today is the effect of unresolved emotional trauma from childhood.

Trauma isn't always a direct experience with memory. Trauma can be a collective experience, inherited or passed down through families and groups. Collective or intergenerational trauma is at work in the Native population and adds a burden to health.

Healing emotional trauma is one of the most important aspects to address in

all chronic complex illnesses. Unresolved emotional trauma leads to pain and is at the core of addictive and destructive health patterns.

Unresolved trauma leads to a state of chronic stress and inflammation, which perpetuates illnesses and leads to beliefs that sabotage our ability to recover. Stress and trauma interfere with digestion, even when nutritious vital food is consumed. Everything is connected – nothing in our body stands apart.

Digestion is at the core of health, yet more than what we eat influences our digestion. When we learn about and support children's needs, we help Head Start children and their families. Likewise, if we didn't get the support we needed as children and we address it now, we also help children, their families and a much greater world.

We are all connected. Let's support each other to be well.

Our diet impacts our health beyond how much we weigh. It also impacts how we feel and what our moods are each day. When we change a child's diet, behavior changes.

Did you know that more than 10,000 chemicals are allowed in foods, but are not all tested for food safety? These chemicals play a role in health and behavior.

Tips for chemical avoidance are provided below:

1. Consume fresh or frozen fruits and vegetables when possible.
2. Avoid processed meats, especially maternal consumption during pregnancy.
3. Avoid microwaving food or beverages in plastic (including infant formula and pumped human milk).
4. Avoid washing plastics in the dishwasher.
5. Use alternatives to plastic, such as glass or stainless steel.
6. Look at the recycling code on the bottom of products to avoid plastics with recycling codes 3 (phthalates), 6 (styrene), and 7 (possible bisphenols) unless plastics are labeled as "biobased" or "greenware," indicat-

ing they are made from corn and do not contain bisphenols. This step helps determine the plastic category in order to avoid chemicals that can migrate into your foods (indirectly).

7. Wash hands before handling foods and/or drinks, and wash all fruits and vegetables that cannot be peeled.

Water is essential to health. Adequate hydration can improve mood, memory and brain performance. Water can help flush nasty toxins out of your body so you have more energy, a stronger immune system and better breath, and it can even help you achieve healthy weight. Attention is needed to be certain that your water quality is pure.

Try to drink a glass of water upon rising each day. If you or your children drink flavored, sweetened beverages, a practical tip is to begin to dilute the beverages. Have your eye on the goal of drinking pure water.

Unfortunately, part of Tribal trauma includes toxic exposures from unwanted pollution. Thank you to the brave Native voices who are speaking out on environmental concerns for the good of all people!

Hemoglobin is a measurement that Head Start offers to monitor health and identify when additional support or help may be needed. Hemoglobin carries oxygen around in the body. Without enough oxygen transport, the body does not function well.

There are many reasons why low hemoglobin may occur. Some reasons can be addressed with diet; other reasons may need medical attention. It is simple to get the test. Yet if it is low, it may require exploration to determine the cause and best treatment.

Please remember, lead exposure can cause low hemoglobin. Therefore, it may be a good idea to say yes to the test for lead as well.

As the Head Start consultant nutritionist, I enjoy supporting families by providing articles and discussing nutrition-related concerns. Congratulations to another class of Head Start graduates!

# Healthy Traditions Community Garden

Become a gardening participant!

- . Own your own gardening plot
- . Grow fresh vegetables to add to your diet
- . Enjoy the pleasure of growing foods and learning new gardening skills

Please call to register for your  
garden spot!  
541-444-9627



## Container Gardening Class!



Children are welcome!  
Tour of the garden!

Please call to pre-register  
Kathy Kentta 541-444-9627

Thursday, May 30 & Fri. 31st  
4:30-6:30pm

## Garden Work Party & BBQ

Come help us fix up the  
garden and join us in a  
BBQ at the end of the  
day!

- . Help Elders' plant new starts
- . Planting flowers
- . Place stakes in the ground

May 29th 5-7pm

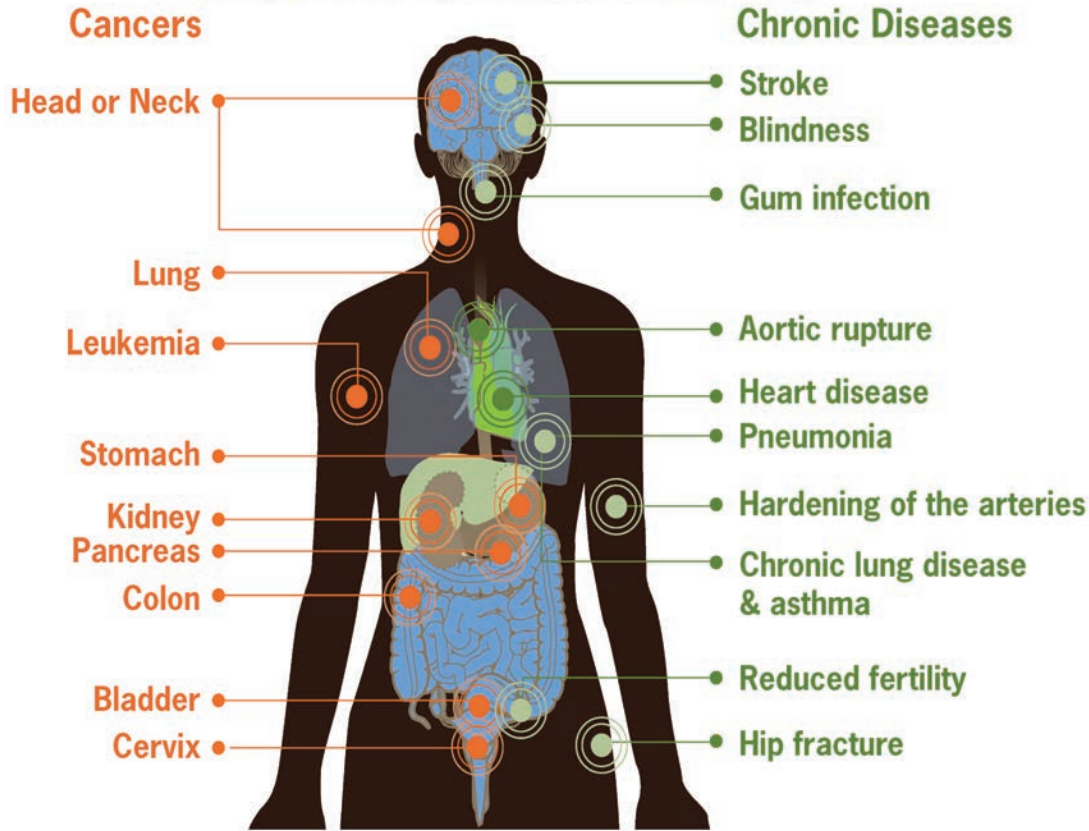


# Siletz Community

Find us on Facebook!

## Risks from Smoking

Smoking can damage every part of the body



### Tobacco Related Cancers for the Month of May

**Melanoma and Skin:** Cancers: Melanoma is a cancer that develops in melanocytes, the pigment cells present in the skin. It can be more serious than the other forms of skin cancer because of a tendency to spread to other parts of the body and cause serious illness and death. Because most melanomas occur on the skin where they can be seen, patients or their spouses are often the first to detect suspicious tumors. Caught early, most melanomas can be cured with relatively minor surgery.

**Bladder Cancer:** Bladder cancer is any of several types of cancer arising from the tissues of the urinary bladder. It is a disease in which cells grow abnormally and have the potential to spread to other parts of the body. Symptoms include blood in the urine, pain with urination, and low back pain. Risk factors for bladder cancer include smoking, family history, prior radiation therapy, frequent bladder infections, and exposure to certain chemicals. The most common type is transitional cell carcinoma. Other types include squamous cell carcinoma and adenocarcinoma.

Quit line: 1-800-QUIT-NOW

## Honoring Missing and Murdered Indigenous Women & Girls

In 2016 there were 5,712 cases of missing and murdered indigenous women and girls (MMIWG) reported by the National Crime Information Center, however only 116 of the cases were logged into the US Department of Justice database. In an effort to help fill some of the gaps in reporting and information the Urban Indian Health Institute (UIHI) conducted a study in 2017 of urban MMIWG cases. UIHI focused on 71 urban cities across the US and identified 506 unique MMIWG cases, 128 were missing persons cases, 280 were murder cases and 98 were of unknown status. UIHI found that the median age for the victims was 29.

As part of this study 71 city police departments and 1 state agency were surveyed. Out of those, 40 agencies provided some level of data, 14 did not provide data and 18 agencies still had pending Freedom of Infor-

mation Act requests as of the end date in October 2018. UIHI also found 153 cases that had not been recorded in law enforcement records at all. In order to address some of the issues in reporting and investigating MMIWG cases in the State of Oregon, Representative Tawna Sanchez sponsored House Bill 2625 which was passed on March 13, 2019. HB2625 directs the department of State Police to conduct a study which will determine how to increase state criminal justice protective and investigative resources for reporting, identification and investigation of missing Native American women in the state of Oregon. This bill is necessary for the immediate preservation of public peace, health and safety, and an emergency was declared at the time of passing.



May 5, 2019 is the National Day of Awareness for Missing and Murdered Indigenous Women & Girls

You can show your support by **WEARING RED** on May 5

The CARE Program will be hosting a Round Dance in honor of the missing and murdered Monday, May 6th at the Siletz Rec Center: Dinner will be served at 5:30 - please **WEAR RED**



If you are in need of a child safety seat or a booster seat, they are available to legal dependents of Siletz Tribal members for free through the Car Seat Distribution Program! To find out more information, call Amy at 541-444-9652 or Hannah at 541-444-9613.

“My child doesn’t need  
a booster anymore.”

## Think Again

Be Smart  
Buckle Up



Ride Safe  
It's the Law

Nationwide “Best Practice” **AND** Oregon Law state:  
Children must be secured in a  
booster seat until they are 4’9” and the  
Adult Safety Belt fits them “properly”.

Proper fit means your child can:

- Sit with their back against the vehicle seat without slouching
- Bend their knees easily over the front edge of the seat with their feet flat on the floor
- Sit with the lap belt positioned low and snug across the hips
- Sit with the shoulder belt positioned across the mid-chest and shoulder
- Stay comfortably seated in this position for the entire ride



Photo by Craig Dorsay

Tribal Council Chairman Delores Pigsley, Vice Chairman Bud Lane and Secretary Sharon Edenfield attend a meeting at the Office of Indian Gaming in the Stewart Lee Udall Department of the Interior building in Washington, D.C., in March.

## Tribute to Delores Pigsley Congressional Record Vol. 165, No. 54

(Senate – March 28, 2019)  
(Page S2085)

From the Congressional Record Online through the Government Publishing Office  
(www.gpo.gov)

### Tribute to Delores Pigsley

Mr. Merkley: Mr. President, this month, Women’s History Month, we recognize and celebrate the contributions that women have made to the betterment of our Nation. Today, I want to talk about one such remarkable woman from my home State of Oregon: Delores Pigsley.

In 1991, Delores Pigsley said, “You never quit being an Indian just because your tribe has been terminated.” Delores – Dee to her friends – ought to know. As a young child, Delores witnessed the termination of her Tribe, the Confederated Tribes of Siletz Indians, in 1954 and just over two decades later, in 1977, she was the driving force behind the Siletz becoming the first Tribe in Oregon, and just the second tribe in the entire United States, to have its Federal status as a sovereign government restored.

For over four decades now, Delores has never slowed down or wavered in her commitment to serving the members of the Siletz Tribe, 32 of those years as Tribal chairman.

As chief negotiator for the Siletz Tribe, Delores passed agreements with Congress, negotiated compacts and testified here on Capitol Hill before Congress. She has worked with the Bureau of Indian Affairs and Indian Health Services on behalf of her Tribal members and thanks in no small measure to her leadership, the Confederated Tribes of Siletz Indians, which was once on the verge of ceasing to exist, now owns and manages a reservation of over 3,500 acres, with a casino, resorts, hotels, a school and health clinics.

Delores is many things to many people: a chairman, a leader, a role model, a wife, a mother and a grandmother. In spite of all her accomplishments, she remains humble, attributing much of her success to other Tribal Council leaders and to many national Tribal leaders who have served as mentors to her.

So this Women’s History Month, let’s take a moment to recognize and to thank Delores Pigsley for all that she has done for the members of the Siletz Tribe, for Tribes across the country and for the people of Oregon.

Thank you.

## CTSI Jobs

Tribal employment information is available at [ctsi.nsn.us](http://ctsi.nsn.us).

Note: “Open Until Filled” vacancies may close at any time. The Tribe’s Indian Preference policy will apply. Tribal government will not discriminate in selection because of race, creed, age, sex, color, national origin, physical handicap, marital status, politics, membership or non-membership in an employee organization.

CTSI constantly is looking for temporary employees to cover vacancy, vacations, maternity leave and extended sick leave. If you are looking for temporary work that can last from 2-12 weeks, please submit an application for the temp pool.

## Graduates!



Photo by Andrew Johanson

Verdene McGuire (left) and Katy Holland present Joseph Hill with his Siletz blanket.

### Joseph Hill – University of Oregon

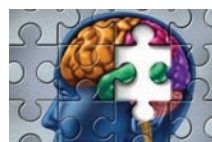
Congratulations to Joseph Hill, a 2017 graduate in general science with a minor in chemistry, biology and theater arts from the University of Oregon.

Congratulations, Joe!

For more information about the Siletz Tribe, please visit [ctsi.nsn.us](http://ctsi.nsn.us).

For more information about the Siletz Tribal Arts and Heritage Society, visit [huu-cha.org](http://huu-cha.org).

## Alzheimer’s and Dementia



According to the National Institute on Aging, **Alzheimer’s disease (AD)** is an irreversible, progressive brain disorder that slowly destroys memory and thinking skills, and eventually the ability to carry out the simplest tasks. In most people with Alzheimer’s, symptoms first appear in their mid-60s.

**Alzheimer’s is the most common cause of dementia** among older adults. **Dementia** is the loss of cognitive functioning – thinking, remembering and reasoning – and behavioral abilities to such an extent that it interferes with a person’s daily life and activities. Dementia ranges in severity from the mildest stage, when it is just beginning to affect a person’s functioning, to the most severe stage, when the person must depend completely on others for basic activities of daily living.

**Signs and symptoms:** Memory problems are typically one of the first signs of cognitive impairment related to Alzheimer’s disease. The first symptoms of Alzheimer’s vary from person to person. For many, decline in non-memory aspects of cognition, such as word-finding, vision/spatial issues and impaired reasoning or judgment, may signal the very early stages of Alzheimer’s disease.

**Mild Alzheimer’s disease:** As Alzheimer’s disease progresses, people experience greater memory loss and other cognitive difficulties. Problems can include wandering and getting lost, trouble handling money and paying bills, repeating questions, taking longer to complete normal daily tasks, and personality and behavior changes. People are often diagnosed in this stage.

**Moderate Alzheimer’s disease:** In this stage, damage occurs in areas of the brain that control language, reasoning, sensory processing and conscious thought. Memory loss and confusion grow worse and people begin to have problems recognizing family and friends. They may be unable to learn new things, carry out multistep tasks such as getting dressed or cope with new situations. In addition, people at this stage may have hallucinations, delusions and paranoia, and may behave impulsively.

**Severe Alzheimer’s disease:** Ultimately, plaques and tangles spread throughout the brain and brain tissue shrinks significantly. People with severe Alzheimer’s cannot communicate and are completely dependent on others for their care. Near the end, the person may be in bed most or all of the time as the body shuts down.

**What causes Alzheimer’s?** Scientists don’t yet fully understand what causes Alzheimer’s disease in most people. There is a genetic component to some cases of early-onset Alzheimer’s disease. Late-onset Alzheimer’s arises from a complex series of brain changes that occur over decades. The causes probably include a combination of genetic, environmental and lifestyle factors. The importance of any one of these factors in increasing or decreasing the risk of developing Alzheimer’s may differ from person to person.

You can find this information and more at the National Institute on Aging website – [nia.nih.gov/health/alzheimers-disease-fact-sheet#symptoms](http://nia.nih.gov/health/alzheimers-disease-fact-sheet#symptoms).





# May USDA distribution dates, recipe

## Siletz

Wednesday	May 1	9 a.m. – 3 p.m.
Thursday	May 2	9 a.m. – 3 p.m.
Friday	May 3	9 a.m. – 3 p.m.
Monday	May 6	9 a.m. – 3 p.m.
Tuesday	May 7	9 a.m. – 3 p.m.

## Salem

Monday	May 20	1:30 – 6:30 p.m.
Tuesday	May 21	9 a.m. – 6:30 p.m.
Wednesday	May 22	9 a.m. – 6:30 p.m.
Thursday	May 23	By appt only

## Crock Pot Cowboy Beans

- 1 pound pork, cut in strips\*
- 1 whole onion, diced\*
- 1 can black beans\*
- 1 can pinto beans\*
- 1 can kidney beans\*
- 1 can vegetarian beans\*
- ½ cup ketchup
- ½ cup honey
- ½ cup barbecue saucet
- 1 tablespoon dry mustard
- 1 tablespoon apple cider vinegar
- Salt and pepper to taste

Brown the meat and onion in a little vegetable oil. Add all other ingredients to a slow cooker. Add meat and onions. Cover and cook on low for 4 hours.

\*Indicates product in food package

Joyce Retherford, FDP Director  
541-444-8393

LIKE us on Facebook at Siletz Tribal FDPIR. We would like to see more people sharing their recipes on our FB page. Like us at SILETZ TRIBAL FDPIR.



## Election Board Application

Tribal members interested in volunteering to serve on the Election Board are encouraged to fill out this form and return to Confederated Tribes of Siletz Indians, Attn: Executive Secretary to Tribal Council, P.O. Box 549, Siletz, OR 97380-0549; or fax 541-444-8325.

The Election Board consists of three board members and one alternate board member. Applications for consideration will be accepted through June 14, 2019.

Name: \_\_\_\_\_ Roll No: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ ZIP: \_\_\_\_\_

Telephone: Day ( ) \_\_\_\_\_ Evening ( ) \_\_\_\_\_

For additional information regarding responsibilities and duties of the Election Board, please refer to the Tribe's website – [ctsi.nsn.us](http://ctsi.nsn.us); under the Government Listing Tab select Tribal Ordinances and then select Election Ordinance.



## Confederated Tribes of Siletz Indians 2019 Memorial Day Ceremony

May 27, 2019  
11:00 a.m.  
Government Hill  
Siletz, Oregon

Procession to Veterans Memorial - Honor Guard  
and Bear Spirit

Lord's Prayer - Siletz Royalty  
Welcome - Tribal Council Chairman Delores Pigsley  
Memorial Day Address - TBA  
Presentation of Flowers  
Gun Salute - Honor Guard  
Taps  
Closing - Bear Spirit

Lunch at the Tribal community center, provided by  
the Cultural Heritage Committee at noon.

## Social Security video conferencing now available

The Siletz Tribe and the Social Security Administration (SSA) have entered into an agreement to participate in SSA's Video Service Delivery (VSD) project.

According to SSA, "The goal of the VSD project is to reach out to members of the public who wish to conduct business with SSA in remote locations through real-time video conferencing in order to provide them with better information and access to SSA services."

Video conferencing services are available in the Tribal administration building located at 201 SE Swan Ave., Siletz, OR 97380. To schedule a video conferencing appointment, contact SSA directly at 877-405-9196.

For additional information, contact Kurtis Barker, 477-SSP director, at 800-922-1399, ext. 1247; 541-444-8247; or [kurtisb@ctsi.nsn.us](mailto:kurtisb@ctsi.nsn.us).

## Indian, continued from page 1

magnet for great journalism with *Cronkite News*, Arizona PBS and other innovative programs."

"We are delighted that Indian Country Today, the iconic and influential news site, will be coming to Cronkite," said Dean Christopher Callahan. "ICT has long been the leading voice for Native American communities across the Americas and under the inspiring, innovative and digitally focused leadership of Editor Mark Trahan, the future is bright. Through this partnership, we will not only be able to provide our students with more opportunities to cover these critically important stories, but also to help better serve our Native communities regionally and nationally and to grow the pipeline of young Native students who may be interested in careers in journalism."

Callahan said the Cronkite School has been focused on increasing both the quantity and quality of Native American news coverage, which he said is too often ignored or reported in a way that lacks depth and understanding of Native communities.

Cronkite also is seeking to create pathways for American Indian high school students to study journalism and enter the field. Callahan pointed to a recent American Society of News Editors survey that found Native Americans represent just 0.37 percent of U.S. journalists, even though Native Americans make up nearly 2 percent of the U.S. population and 6 percent of Arizona residents.

*Cronkite News*, the student-powered, faculty-led news organization of Arizona PBS, has made Native American coverage a prime area of focus through its online presence, Indian Country.

The school also is in the process of a search for the nation's first named professorship focused on the intersection of Native Americans and the news media. Cronkite also is working to create one of the first student chapters of the Native American Journalists Association.

"We hope through these initiatives we will be able to recruit more young Native American students to journalism programs like ours while helping to pro-

vide deeper and richer news coverage," Callahan said.

Indian Country Today is planning on a major expansion and, if all goes well, will launch the first-ever national television news program by and about Native Americans.

The background: Indian Country Today re-launched on June 1, 2018. The enterprise was gifted to the National Congress of American Indians by the Oneida Nation.

"The goal then, and now, was to use this legacy and build a new kind of news operation, one that could be sustainable and a career path for Native American journalists," said Trahan.

"The first year has been amazing. On election night we did something extraordinary. We recognized that the election year would be historic in Indian Country, so we responded with the first-ever election night broadcast working with the FNX/First Nations Experience network and Native Voice One. We brought together some 40 Native journalists and a technical team for the broadcast."

Indian Country Today is planning to do this again with a national weekly news program. The staff we will hire will also contribute to the daily reports in Indian Country Today. This will be the largest news operation ever created in Indian Country.

"I think a lot about the perception of American Indians and Alaska Natives in media. We all know the stereotypes and narratives that come out of Washington or Hollywood," Trahan said. "So a news program, one that reaches millions of people via public television stations, has the chance to change the story, showing the beauty, intelligence and aspirations of Native people."

It's spring. The ideal time to show your support for independent journalism at Indian Country Today with a donation today. Thank you.

(Indian Country Today LLC is a non-profit news organization owned by the nonprofit arm of the National Congress of American Indians. The Indian Country Today editorial team operates independently.)

## Mary Service Viles – 1927-2019

Mary Service Viles passed away peacefully at home in Prineville, Ore., in the company of her family on March 20, 2019. Mary was born into this world by Ada (Carson) Service on Aug. 11, 1927, in Toledo, Ore.

Mary had an immediate impact on the community. Mary's father, Robert Service, worked as a typesetter for a local newspaper that ran a column explaining the delay of the current issue was caused by the birth of Ada and Robert's daughter, concluding with the wry promise that they would see that it would not happen again.

Mary grew up in Toledo surrounded by her family and many relatives. In 1945 she married Melvin Viles in Medicine Wells, Texas, near where Mel was stationed in the Army. After living in Toledo, Albany and Portland, and having three children, Mary and Mel agreed their final move would be to Prineville, where their younger four children were born.

Mary's individuality and humor provided her the strength and perspective needed to raise a large family in a small Central Oregon town in the 1950s-1970s, far from her coastal home. Mary recalled often how homesick she would get to see the greenery of Toledo, so one time Mel drove her to the woods near Prineville where she ended up crying because there was a little greenery but she had to look hard to find it.

In addition to providing a home for their children, Mary and Mel hosted frequent visits and extended stays of relatives and friends when needed to live with them in their busy household.

Over the years Mary held many jobs outside of her home. Some of her favorites included working at Bob's Flower Shop, City Center Motel, knitting and volunteering at the Prineville Chamber of Commerce and Friends of the Crook County Library.

She participated in many different aspects of work for her Tribe, the Confederated Tribes of Siletz Indians, and volunteered on these committees: Culture, Budget, Court, Elder, Sacred Lands Preservation and others, and among other



important Tribal work, Mary was instrumental in establishing the Tribal Court and served as a judge for more than 16 years.

Mary's love of reading and her active modeling of lifetime learning inspired her children and many others. She completed many certificates through continuing education and enjoyed teaching her family and others how to knit, make baskets, sew and garden.

Mary had a deep love for her relatives and friends and loved to recount memories of the fun and interesting times they shared. Those whom Mary loved knew they were loved and now miss her.

Mary was preceded in death by her husband, Melvin; parents, Robert and Ada Service; brothers, Robert, John, William and Michael Service; sisters Nancy Olson and Joan Richardson; and sons David and Timothy Viles.

Mary is survived by her sister, Jane John; sisters-in-law Mary Service and Sarah Service; brother-in-law, Kenneth (Myrna) Viles; daughters Melissa (Michael) Potter and Cynthia Viles; sons Daniel (Teena), Curtis (Julie) and Andrew (Carla) Viles; daughters-in-law Linda Viles and Tammy Viles; granddaughters Melanie, Jessica, Sarah, Breana, Elizabeth, Sydney, Alyson and Rayna Viles, Nicole Potter, Amanda Jett and Molly Olheiser; grandsons Nicholas, Tyler, Jerome, Carson, Samuel, Joel and Ryan Viles, Tao Potter and Gasun McCabe; 11 great-grandchildren; one great-great-grandson; and numerous nieces, nephews and cousins.

A memorial service will be held at 1 p.m. on June 8, 2019, in Siletz, Ore. In lieu of flowers, the family requests donations be made to a charity of your choice.

## Hap Eugene Ness – 1967-2019

Hap Eugene Ness, 51, passed away April 4, 2019, in Newport, Ore. He was born Oct. 10, 1967, in Arlington, Wash., to Carl Ness and Cathy Gruebener-Kline.

Hap lived in Siletz with his wife, Tribal member Kathryn L. Ness (McCoy). They married in 1999 in Dallas, Ore.

Hap was a truck driver by profession and a volunteer Bingo caller at the Siletz Valley Grange. His hobbies included smoking jerky and cooking at pow-wows (Sam's BBQ) with his children and grandchildren.

Hap is survived by his wife, Kathy; siblings, Ganel Pratt, Cami Oban, Bob Ness and Dave Ness; children, Angie Parsons, Laurie Regalado, Samantha Messer and Ronnie Messer; 12 grandchildren and seven great-grandchildren.

He was preceded in death by his parents and his granddaughter, Reychell Regalado.



A memorial service took place April 27 at Siletz Gospel Tabernacle. Arrangements by Bateman Funeral Home in Newport.



## Loved and lost: A year without Fatboy

By Eleeziaa Howard

Tobias Oetrelle Helms. Everyone, including his son, called him Fatboy. Fatboy was not just a big guy, he had a big presence, a big heart and most of all Fatboy had a big impact on those he met.

I'm not going to say I knew a lot about Fatboy. We met mostly in passing, but in the little time we did have he left a lasting impression on me. We called each other "cousin," but other than both being Siletz Tribal members, we shared no blood. What we did share was an intertwined family history. We were together before we were born.

It was the morning after my 24<sup>th</sup> birthday. I woke up to a phone call from my sister. She was crying so hard I couldn't understand what she was saying.

"What's wrong? Are you OK?" I asked.

I finally made out her words, "Fatboy is dead!"

"What?" I was shocked.

"Tobias is dead. Someone shot him."

April 14. That day rocked so many lives. Tobias was a figure bigger than life. His death was a tragedy that affected so many people. I don't want to write about his death, though. It was his life that was important.

Fatboy and I were womb buddies. Our moms were best friends and had us as teenagers a few months apart. I'm told we were together a lot when we were little but I don't remember those toddler days. It saddens me that I lost those memories. I was placed in foster care at 4 years old and lost out on knowing him.

The next time I would see Tobias again would be 15 years later. Oddly enough, it would also be on April 14, one day after my 19<sup>th</sup> birthday. I had finally decided to reconnect with my birth mom and she happened to be living with Fatboy and his family. It was a happy reunion and our moms were reminiscing about when we were little.

My mom said to me, "You and Fatboy were best friends and both Tribal members. We always thought you two would grow up and get married."

I blushed but Fatboy, who had started to stroll out of the kitchen, looked me dead in the eye and as he walked out he hollered, "There's still time, there's still time."

Everyone laughed and that was the start of our friendship. We were family and he always made me feel welcome. Our lives went in different directions but we kept in touch.

Three years later we were both 21. He had a new baby and I was unexpectedly expecting. I was in a panic. I had only been home six months from my deployment in Kuwait. I had made some not-so-smart choices and I had no plan. Only two people knew, my sister and my boyfriend.

My sister and I decided to go over to Fatboy's house. He was home alone with his baby son, Trell. He was so tiny in his



Courtesy photos

Fatboy Helms and his son, Trell

dad's arms and he terrified me. Fatboy looked exhausted. He had recently taken up the role of a single dad and I could tell it had not been easy.

My sister nudged me and forced me to out myself. I told him I was pregnant. He laughed at me and handed me his son, saying, "Having a kid is so hard, but it's the best thing that has ever happened to me."

That was the moment he had his biggest impact on me. What an amazing dad. He had successfully calmed me down and made me think about the future. My child was going to be just as loved as his. I was going to be a good parent like Tobias was.

I cried the day he died, thinking about his 3-year-old son. It is unbearable knowing that Trell is growing up without his dad. It's a heartbreaking thing to know that humans can make such hateful decisions. One horrible decision and now he's gone, and his family – his son – they lost the big heart that he had.

Tobias was a Siletz Tribal member and my big hope is that his stories continue to be shared so he will live on. He was special, he was important, he was one of us. He was family.

Fatboy Helms, Trell Helms and Eleeziaa Howard (right), joined by other family members



# Bright Horizons: Therapeutic riding helps develop skills

Article and photos by Andy Taylor

When you think about physical, social and emotional health, do you ever consider equestrian therapy? Bright Horizons Therapeutic Riding Center in Siletz does just that.

Since there isn't just one kind of disability, Bright Horizons staff doesn't just help one type of person with a particular need.

Special needs and disabilities aren't as simple as it sounds, they're all different and they have different severities. A veteran battling PTSD has different needs from someone who is wheelchair bound and a person struggling with anxiety/depression won't require the same considerations as another with a sensory disorder.

Bright Horizons staff members are certified and continually search for new ways to help anyone with a need. At-risk youth and people with attention deficit

disorder, autism, developmental/cognitive delays, Down syndrome, hearing/visual impairments and those with spinal and muscular needs are served.

Bright Horizons received \$2,500 in 2018 from the Siletz Tribal Charitable Contribution Fund for scholarships for people with special needs to participate in equine-assisted activities and therapies. The organization received \$5,000 in 2017 for the same program. Overall, Bright Horizons has received \$37,990 from the charitable fund since 2007.

The instructors and volunteers at Bright Horizons not only work by their mission statement, they live to fulfill it.

Mission statement: Bright Horizons Therapeutic Riding Center exists to improve the physical and emotional well-being of individuals and their families through therapeutic equestrian activities built on professionalism and trust with a focus on community education, communication and teamwork.

Marla Bowman is the program director and head instructor for Bright Horizons. She explained how the program greatly impacts the participants and how much of that change is credited to the horses.

"At the moment we have about 50 participants," she said, adding that the activities they participate in range from groundwork/team building to riding therapy and interactive vaulting.

Amy Cline, executive director for Bright Horizons, says what is needed most to help the kids are volunteers and donations.

"Some riders thrive here and we try to accommodate as much as we can. What helps them the most is donations," she said. "We have two main fundraisers. They include the golf tournament in September and the Hearts for Horses in January. We do this every year on top of applying for charitable funds through the Siletz Tribe."

Sequoia (photo, below right) is a rider at Bright Horizons who said, "Drifter is my favorite horse."

She thinks he is the cutest horse at the center and likes to take care of him. Sequoia mentioned her favorite part of caring for Drifter was brushing him so he is soft.

Grace (photo, below left), another rider at Bright Horizons, enjoys coming back because she likes the friendly instructors. Her eyes light up when she talks about her favorite horse, "Frisco is the best here because he is so tall and really nice!"

Grace likes to brush out her best buddy regularly. She takes her time and makes sure that all the horses she rides are well cared for.

With all the help they need, why wouldn't you sign up to help? You can volunteer for something at the farm or simply donate money to help provide a partial scholarship to someone in need.

For more information, reach Cline or Bowman using the contact information provided on Facebook or at [brighthorizonsriding.org](http://brighthorizonsriding.org).



## Need Rental Housing?

The Siletz Tribal Housing Department encourages you to apply for the Low-Income Rental Program waiting list in Siletz (1-4 bedrooms) and Lincoln City (2-3 bedrooms – Neachesna Village).

Applications can be obtained at any Tribal area office (Eugene, Salem, Portland, Siletz) or online from the Tribal website – [ctsi.nsn.us](http://ctsi.nsn.us); follow links – Tribal Services-Housing-Low Rent Apartments & Home Ownership.

Questions? Call 800-922-1399, ext. 1322, or 541-444-8322; fax: 541-444- 8313



## Siletz Community Health Clinic PATIENT PORTAL Self-Enrollment

- 1 From your phone, tablet, or computer's web browser go to [www.ctsi.nsn.us](http://www.ctsi.nsn.us)
- 2 Click on **Tribal Services**
- 3 Click on **Healthcare**
- 4 Click on **Patient Portal**

In the section "Don't have an Account? Fill Out the Fields Below" fill in your information, skip the insurance section, then complete the enrollment. Once your request is reviewed we'll send a verification email and you'll be ready to log on.



"IS MY ENROLLMENT INFORMATION SAFE?" YES! YOUR PORTAL SELF-ENROLLMENT INFORMATION IS VERIFIED AGAINST OUR PATIENT DATABASE. IF IT DOES NOT MATCH WE WILL CALL YOU USING THE PHONE# ON RECORD. Note: changes to email and other personal information must be made in person at the clinic, or through your portal account once the enrollment is complete.

Welcome to the Portal! Marci Muschamp, Health Director

Sign up at Noel's Market or the Siletz Valley Grange

**MEETING – May 11 @ 3 p.m.**

**Siletz Valley Grange Hall**



### Free Well Water Testing

Presentation about wells and drinking water  
By Chrissy Lucas, OSU Extension Service

Arrange to get your water tested at the May 11, 2019, meeting or

Contact: Amy Chapman  
Lincoln County Environmental Health  
541-265-0431 or [achapman@co.lincoln.or.us](mailto:achapman@co.lincoln.or.us)

Lincoln County Environmental Health will host a presentation about wells and drinking water at the Siletz Valley Grange Hall

**May 11, 2019, @ 3 p.m.**

This meeting is for people who would like to have their water tested, learn about safe drinking water and how to maintain wells.

**Land owners – sign up to have your water tested for free.**

Coming to the meeting?  
Please sign up at Noel's Market or the Siletz Valley Grange Hall.

# NEW SERVICES AVAILABLE

## Mental Health Services & Life Alert

### Mental Health Services

- What services are available?
  - Counseling services – individual or family
  - Psychiatry services
  - Psychology services
  - Up to eight visits annually (more if medically necessary)
- Who's eligible?
  - Siletz Tribal members eligible for Purchased Referred Care (PRC), formerly Contract Health Services (CHS)
- How do I get benefits?
  - Call PRC for benefits quarterly – just like for alternative health care. You will be approved for visits based on the quarter. For example, if you see a counselor monthly, you would use three visits and call the next quarter for approval of more visits (up to eight visits annually).
  - Prior to making an appointment with a counselor or psychiatrist of

- your choice, confirm the provider will accept PRC as payment.
- Benefits are limited, first-come, first-served.
- What you need to know:
  - Call in dates will be the first business day of each quarter; remaining dates of 2019: April 1, July 1 and Oct. 1.
  - After calling PRC for benefits, the patient will receive a letter that lets them know what they are eligible for, how many visits and the benefit dollar amount. The letter also provides information that they can give to their provider so providers are aware of the payment process.
- Call PRC at 800-628-5720 or 541-444-9648 and speak with Rhonda Attridge, PRC Tech 1.

### Life Alert

- Contact your local community health advocate (CHA) if you think

you or another Tribal elder could benefit from Life Alert.

- Eligibility Criteria:
  - Enrolled Tribal member eligible for PRC
  - Work with CHA to determine need and apply for local services
- Steps to get Life Alert:
  - Contact your local CHA –
  - The CHA will determine if you meet the criteria for Life Alert (examples: live alone, health condition, etc.)
  - The CHA will assist you in applying for Life Alert at no cost through

community options. If you do not qualify for Life Alert at no cost, the Siletz Community Health Clinic will cover the cost.

- You can reach the community health advocates at:
  - Siletz – Amy Garrett or Hannah Glaser at 541-444-1030
  - Salem – Cecilia Tolentino at 503-390-9494
  - Eugene – Adrienne Crooks at 541-484-4234
  - Portland – Verdene McGuire at 503-238-1512

### Siletz Community Dental Clinic

Contact the Siletz Community Dental Clinic if you experience dental pain or a dental emergency. Staff will do everything they can to see you as soon as possible. Morning check-in time is Monday-Thursday from 8:15-8:45 a.m. and Friday from 9-9:30 a.m. Afternoon check-in time is Monday-Friday from 1:30-2 p.m.

### Siletz Tribal Charitable Contribution Fund

#### Tribal Member Recruitment for Advisory Board

Applications are being accepted from Siletz Tribal members interested in serving on the Advisory Board of the Siletz Tribal Charitable Contribution Fund (STCCF). This is for a three-year appointment from July 2019 through June 2022. Applications must be received by 4:30 p.m. on May 31, 2019.

The STCCF Advisory Board is composed of seven positions, including one Siletz Tribal Council representative; three at-large Siletz Tribal members; two non-Tribal members agreed upon by the Oregon governor and Tribal chairman and approved by the Tribal Council; and one non-Tribal member selected by the Tribal chairman from a list provided by the governor and approved by Tribal Council.

Advisory Board members serve in a volunteer capacity but are reimbursed for mileage and per diem for attendance at quarterly board meetings and distribution receptions.

The Advisory Board meets quarterly in January, April, July and October to review applications from charitable organizations, schools and other local government programs. Board members make recommendations to Tribal Council for the distribution of charitable funds. Board members also assist with the distribution of awards at receptions held each quarter at Chinook Winds Casino Resort.

To learn more about the charitable fund, please visit [ctsi.nsn.us/Charitable-Contribution-Fund](http://ctsi.nsn.us/Charitable-Contribution-Fund) or contact Denise Garrett, advisory board secretary, at [stccf@live.com](mailto:stccf@live.com); 800-922-1399, ext. 1227; or 541-444-8227.

#### Siletz Tribal Charitable Contribution Fund Tribal Member Application for Advisory Board

Name: \_\_\_\_\_ Roll No: \_\_\_\_\_

Address: \_\_\_\_\_

City/State/ZIP: \_\_\_\_\_

Telephone: (Day) \_\_\_\_\_ (Evening) \_\_\_\_\_

Email: \_\_\_\_\_

Applications must be received by May 31, 2019, to be considered for an appointment to the STCCF Advisory Board. Tribal Council will make an appointment in June 2019.

Return form to CTSI STCCF, Attn: Denise Garrett, P.O. Box 549, Siletz, OR 97380-0549.

### Seeking Judges for Siletz Tribal Court

The Siletz Tribal Court consists of a chief judge and such associate judges as the Tribal Council shall determine are necessary for the efficient operation of the Tribal Court. Associate judges shall include judges for the Siletz Community Law Court, Siletz District Court, Siletz Court of Appeals and Siletz Gaming Court.

The Siletz Tribal Council is considering the reappointment of the chief judge and associate judges, but desires to seek additional individuals who are qualified and interested in an appointment for the courts listed above.

For detailed information on qualifications, responsibilities and duties of the Siletz Tribal Court judges, please refer to the Tribe's website – [www.ctsi.nsn.us](http://www.ctsi.nsn.us); under the Government Listings Tab, select Court & Justice, then select Tribal Ordinances, then select Tribal Court Rules of Procedures. Information for Judicial Officers, Qualifications, Terms and Scope of Duties are located beginning at § 3.010.

If interested in possible appointment as a Siletz Tribal Court chief or associate judge, please submit your résumé to Siletz Tribal Council, P.O. Box 549, Siletz, Oregon 97380-0549.

Résumés will be accepted through June 12, 2019.

### SUBOXONE THERAPY

#### Available at the Siletz Community Health Clinic

Our providers Lisa Taylor, FNP, and Jalien Dorris, DO, are now licensed to prescribe suboxone for Siletz Tribal members and/or community members who are struggling with heroin, prescription drugs or substance abuse. We are contracting with Eric Davis, MAC, CADCIII, with his expertise in medication assisted therapy (MAT), he will assist with the implementation of our new suboxone program.

Wondering what suboxone is? Suboxone is a medication that helps your family members who are struggling with heroin and opioid addiction by taking away the symptoms of opiate withdrawal and drug cravings that are

normally associated with quitting heroin and opioids.

We encourage you to contact the clinic and ask questions about our program. We want to assure you that we will provide compassionate and non-judgmental care from staff members who understand the challenges associated with addiction. We would love to help you with taking the first step toward recovery.

If you have questions regarding the suboxone program or would like to make an appointment, please call the numbers listed below.

Team Taylor – 541-444-9665  
Team Dorris – 541-444-9634

# Agency Priorities Update

## Western Oregon Service Unit – 2nd Qtr FY19

**Our Mission:** To raise the physical, mental, social and spiritual health of American Indians and Alaska Natives to the highest level.

**Chemawa's Purpose Statement:** To provide a legacy of wellness as a trusted provider of choice.

Greetings All: I am pleased to share with you the FY19 second quarter update on our work at the Western Oregon Service Unit.

### IHS Strategic Goals

**To ensure that comprehensive, culturally appropriate personal and public health services are available and accessible to American Indians and Alaska Natives.**

Chemawa is committed to recruiting and retaining quality staff. We are excited to welcome our new Dental Assistant, Tania Halligan, member of the Confederate Tribes of Siletz. Tania comes to us with extensive experience and excitement for our dental team. I am proud to say that our dental program is fully-staffed and access to dental services is at an all-time high. Chief Optometrist, Dr. Don Asay, reported this quarter that his program reached a milestone in that all Chemawa students received screenings and of those all priority 1-3 have been seen. In addition, 83% of all students have received a full optometry exam at this point in the school year. This team demonstrates efficiency and excellence representative of this strategic goal.

The WOSU Behavioral Health program continues to impress me with their commitment to the Chemawa students. With the support of Steven Whitehorn and Skye Bass from the IHS Division of Behavioral Health, along with Kristi Woodard, Portland Area Behavioral Health Consultant, culturally based group therapy has remained a consistent service provided to students needing support. In collaboration with nursing Tracy Nelson, Patient Advocate, LT Rachel Taylor, Risk Management Officer and LT Livingston, DON also added to services by offering group education on personal wellness and mindful awareness. This doesn't go without acknowledging our BH staff that demonstrates the highest degree of excel-

lence. Thank you CDR Woodard, LCDR Hartis, Leann, Adam, Jess, Denise and Cheryl.

### To strengthen IHS program management operations.

Business operations are the backbone to services at WOSU. Business Office Manager, Judi Adams along with her strong department work hard behind the scenes assuring that all revenue opportunities are accessible. Judi's attention to detail has resulted in consistent increases in annual collections. Improvements in debt management have shown aging reports to be less than 2%. The efforts of this team allow us to provide the most we can to our community. Thank you Judi, Sandy, Joseph, Kylee, Kaye and Priscilla.

Currently WOSU is in final design of our Pharmacy and Lab renovation. This will expand both departments allowing for additional staff to support our medical home model. This project is expected to begin in the Summer of 2019. Our team continues to better facilitate and coordinate staff training and department training plans to optimize the most efficient use of time and plan for future improvement efforts. Marge Horn-Sampson, Executive Administrative Assistant, has developed a central share drive that all staff can locate necessary forms, step-by-step instructions and tracking tools. This has ensured that WOSU successfully meets all training and evaluation deadlines, allowing staff to plan and promote time management to not interfere with direct patient care. Investing in our staff knowledge, competency and skills is our greatest resource and best pathway to care excellence for our patients.

### To promote excellence and quality through innovation of the Indian health system into an optimally performing organization.

Chemawa continues to set the bar high with quality and innovations. Hav-

ing completed two prior Ami waves of multiple projects, departments are actively running independent Ami projects and reporting on them monthly to leadership. Pharmacy currently has four improvement projects ongoing to include point of sale, medication safety, antibiotic stewardship and improving the department's monthly reporting tool. Additionally the laboratory has completed Ami projects to include laboratory monthly spending and most recently lab turnaround times by category of test. The learning that is being shared amongst the management team and their department staff has been huge. The understanding of data and processes has increased communication and efficiency within these workgroups. Utilizing this approach to improvement further supports a "just culture" workplace where the entire team is part of the solution.

The WOSU Executive team continues to utilize a Quality Management approach that emphasizes a focus on sustainability as key to achieving health care excellence. One of WOSU's primary improvement projects has been the Access Committee. This team has brought innovation to a new level. Recent tests of change that have resulted in implementation include a 120-day primary care schedule in which patients are provided a follow-up appointment by the care team at the end of the visit. This has reduced the demand

of scheduling at the front desk and significantly increased continuity of care to greater than 82%. In addition, same-day access has increased and no-show rates have remained low. The willingness of this team to test something new, retest something differently and stay committed to improving is a model to this strategic goal.

At Chemawa, we strive for balance between Quality in Patient Care and Employee Wellness. With simple redesign and increased communication, WOSU will continue to provide opportunity for sustainable improvements that will positively impact the Chemawa community. **Every patient and employee is a vital asset of our sustainability model!**

What WE do matters ... Commitment to quality and improvement allows us to focus on what is important – **the patient!**

Laura Herbison, RN, BSN  
CAPT, U.S. Public Health Service  
Chief Executive Officer

Portland Area Indian Health Service  
Western Oregon Service Unit  
Chemawa Indian Health Center  
3750 Chemawa Road NE  
Salem, OR 97305  
Direct: 503-304-7240  
Fax: 503-304-7678  
laura.herbison@ihs.gov

**For more information about the Siletz Tribal language program, visit [siletzlanguage.org](http://siletzlanguage.org).**

## Siletz Community Health Clinic



*We'll do everything possible to not only provide you with quality health care, but also to involve you in decisions about your health, and participate with you in developing and maintaining a healthy lifestyle for the future.*



*Monday - Friday 8am-5pm*

*Siletz Community Health Clinic offers comprehensive health care to ALL residents of Lincoln County. We accept Private Insurance, Medicare & Medicaid*

*Call the Clinic for more information  
541-444-1030  
200 Gwee-Shut Rd • Siletz, OR 97380*

### Siletz Tribal Court Filing Fee/Copy Charge (Effective July 1, 2018)

Adoption	\$100
Appeal, Filing Notice of	\$50
Audio Record (tape)	\$5
Copies, Standard	\$.25 per page
Certified Copy	\$5 +\$.25 per page
Certified Copy, Guardianship Letter	\$5 +\$.25 per page
Civil Action	
Less than \$10,000	\$100
\$10,000 – \$49,999	\$200
\$50,000 – \$1,000,000	\$400
\$1,000,000 or more	\$800
Contempt of Court	\$1,000
Dissolution	
Petitioner, Petition	\$200
Respondent, Response	\$200
Co-Petition	\$200
Election Challenge	\$25
Electronically Stored Case Documents (hard copy)	\$3/each request
Emancipation	\$100
Guardianship, Individual Petition	\$50
Mailing Costs	Actual Cost
Marriage Application	\$100
Marriage Solemnization	\$50
Name Change	\$50
Small Claims, Enforce Judgment Under \$2,500	
Petitioner	\$25
Small Claims, Enforce Judgment Over \$2,500	
Petitioner	\$50
Vehicle Repossession	
Petitioner	\$75

## Siletz Tribal Behavioral Health Programs

Prevention, Outpatient Treatment, and Women's and Men's Transitional

Siletz: 800-600-5599 or  
541-444-8286  
Eugene: 541-484-4234  
Salem: 503-390-9494  
Portland: 503-238-1512

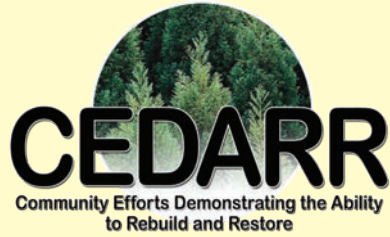
Narcotics Anonymous Toll-Free Help Line – 877-233-4287  
For information on Alcoholics Anonymous: [aa-oregon.org](http://aa-oregon.org)

## CEDARR

Community Efforts Demonstrating the Ability to Rebuild and Restore

### Mission Statement

We will utilize resources to prevent the use of alcohol and other drugs, delinquency and violence; we will seek to reduce the barriers to treatment and support those who choose abstinence.



May 1 • Noon

Siletz Community Health Clinic  
200 Gwee-Shut Road, Siletz

## Siletz Clinic: No-show optometry patients must use walk-in clinic

In the Siletz Clinic's Optometry Department, after one no-show patients will not be able to schedule appointments for six months.

Patients will have access to our walk-in clinic on the last Thursday of the month from 8:15 – 11:15 a.m.

### Thursdays

May 30  
June 27  
July 25

Patients will be seen on a first-come, first-served basis.



## Funded Orthodontic Treatment Screening



The 2019 Funded Orthodontic Treatment Program is fast approaching! All interested parties should contact the dental department to schedule a screening. The screening dates are April 17 and May 22, 2019.

The program and amount of accepted applicants will be dependent on the funding for the year. An additional screening date may be added if the need is great.

Applicants are selected by case severity, motivation of the patient and guardian, reliable transportation, routine dental checkups and the oral hygiene history of the patient, to name a few. We want the best results possible for the patient and thus place emphasis on these items in order to achieve this. The unbiased selection process is performed under the guidance of an orthodontic specialist and chosen through a committee.

Open to all ages who are **CHS-eligible only**. To be eligible for the 2019 program year, you must complete a screening appointment during one of the screening days. Each year's selection process is independent from previous years and does not carry over. Selected and treated individuals can only be selected once for the duration of the program. All applicants will be notified by mail if they have been chosen.

Please contact the Siletz Dental Clinic at 541-444-9681 to schedule an appointment. Individuals who have been placed on the waiting list will receive a postcard notifying them to call and schedule an appointment.

## Dental Walk-In Clinic

### 1. Dental and Optometry a. First No-Show

Patient will receive a letter providing notice about the no-show appointment and their requirement to utilize the department's Walk-In Clinic for appointments. Walk-in availability is first-come, first-served. Patient will be required to utilize the Walk-In Clinic for six months, after which patient will be able to return to scheduling appointments.

The Dental Clinic will see walk-in patients every other Tuesday from 8:30 a.m. to 12:30 p.m. and 1:30 – 4:30 p.m. with check-in by 3:30 p.m. Patients will be seen on a first-come, first-served basis.

Services offered at the walk-in clinic include denture/partial adjustments and chairside relines, fillings, first step root canal, extractions and exams.

### Walk-in dates

May 14 and May 28  
June 11 and June 25

**Excluded visit types:** Partials, dentures, crowns, implants and hygiene appointments will need to be addressed during a regularly scheduled appointment with your primary dentist.

## Siletz Tribal Vocational Rehabilitation Program (STVRP)

STVRP is here to assist members of **ANY** federally recognized Tribe to overcome barriers to employment. We work with individuals who have disabilities and are living within the Confederated Tribes of Siletz Indians 11 county service area.

### Examples of Services:

- Guidance and Counseling
- Referral to Services
- Employment Services
- Resume Writing
- Interviewing Techniques
- Job Coaching
- Culturally Relevant Individualized Services
- Evaluations and Assessments
- Training Placement Opportunities
- Adaptive Equipment



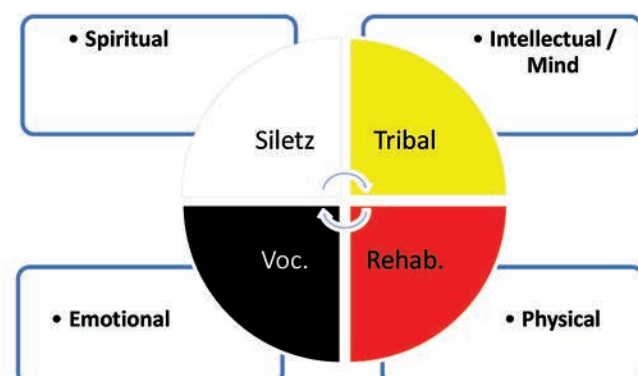
For more information about the STVRP, please inquire at 1-800-922-1399. Services are provided in **ALL area offices**, however, to inquire about services, ask to be transferred to the office nearest you listed below.

EUGENE AREA OFFICE	SALEM AREA OFFICE	SILETZ ADMIN. OFFICE
2468 West 11 <sup>th</sup> Eugene, OR 97402	3160 Blossom Dr NE, Ste 105 Salem, OR 97305	201 SE Swan Ave Siletz, OR 97380

EUGENE – JERAMIE MARTIN, Program Director

SALEM – DANA RODRIGUEZ, Program Aide; Toni Leija, Counselor/Job Developer

SILETZ – RACHELLE ENDRES, Counselor/Job Developer



## After-hours crisis line now available at 541-444-8286 or 800-600-5599

Because mental health and relapse crises do not always happen during business hours, Siletz Behavioral Health has arranged a collaboration with an after-hours crisis line called Lines for Life.

On weekends and during the weekday hours of 5 p.m. to 8 a.m., the number to the Behavioral Health front desk is forwarded to Lines for Life, where you will be connected with a live mental health counselor.

The counselor will do everything he/she can to help de-escalate, advise and support.

Afterwards, this information can be shared with our mental health counselor so follow-up care can be provided.

Of course, if there is an emergency and you fear that you or someone else is in imminent danger, please call 911. That's always the fastest way to get help.

## Scholarships

- Fastweb (scholarship search engine)
- Big Future (scholarship search engine)
- Pacific Northwest Scholarship Guide (scholarship search engine)
- OregonStudentAid.gov.
- ONAC Student Academic Achievement Awards  
Deadline: July 30, 2019
- University of Idaho College of Natural Resources McCall Outdoor Science School Scholarships  
Deadline: Rolling
- American Indian College Fund: TCU Scholarship  
Deadline: Contact TCU Financial Aid Office

### Applications for Tribal scholarships are available under Education on the Tribal website at [ctsi.nsn.us](http://ctsi.nsn.us)

All applications due June 30, 2019

#### Arthur S. Bensell Memorial Scholarship

Arthur S. Bensell was an educator, civic leader, Tribal Council member and Tribal chairman. He spent many years in service to his community and Tribe as mayor of the City of Siletz and Tribal leader.

Bensell attended Ohio State University and graduated from Heidelberg College in 1934. During his career with the Bureau of Indian Affairs, he served as a teacher, principal and reservation principal in Minnesota, Alaska and North Dakota.

Upon returning to Siletz, Bensell became involved in Tribal business affairs and served many years on the Tribe's Education Committee. He always strived for better educational opportunities for Tribal members.

A memorial scholarship fund was established through the Confederated Tribes of Siletz Indians to honor and award Tribal members in education. The \$1,000 scholarship is administered by the Tribal Education Committee and strengthened by various fundraising activities throughout the year.

#### Pepsi – Craig Whitehead Scholarship

Pepsi, Inc. donates scholarship funds to the Siletz Tribe and has asked that this scholarship be the Pepsi – Craig Whitehead Scholarship in honor of Craig Whitehead. This scholarship is open to any field of study.

#### Siletz Scholarship

This scholarship is open to any field of study.

#### Cathern Tufts Memorial Scholarship

Cathern Tufts, affectionately known as "Cat" in the offices and hallways of the Tribal administrative offices and Tribal elder woodcuts, was the Tribal attorney for 14½ years until she passed more than two years ago following a short illness.

She graduated from the Arizona State University School of Law and served an internship in Washington, D.C., prior to going to work as an attorney. Her parents and friends wish to honor her life and achievements through this memorial scholarship.

The scholarship is open to students in a natural resources field, pre-law and law school.

### Siletz Tribal Student Incentives Program

If you have completed any of these milestones, please send a copy of your certificate or diploma to your area education specialist. The Siletz Tribal Student Incentive Program rewards student achievements as follows:

Head Start/Preschool	\$10
Kindergarten	\$10
Elementary School	\$20
Middle School	\$50
High School or GED	\$100
Adult Vocational Training	
One-year program	\$100
Two-year program	\$200
Higher Education	
Bachelor's Degree	Pendleton blanket plus \$75

Master's Degree	\$300
Doctorate Degree	Pendleton blanket plus \$300

#### Tribal Education Specialists

Portland Area Office: Katy Holland, 503-238-1512, 12790 SE Stark St., Suite 102, Portland, OR 97233
Salem Area Office: Sonya Moody- Jurado, 503-390-9494, 3160 Blossom Drive NE, Suite 105, Salem, OR 97305
Eugene Area Office: Nicholas Viles, 541-484-4234, 2468 W 11 <sup>th</sup> Ave., Eugene, OR 97402
Siletz Area Office: Alissa Lane, 541- 444-8373, P.O. Box 549, Siletz, OR 97380

## Important information for college-bound Tribal seniors

### May

- This is the deadline for final decisions for universities.
- Send letter of intent to registrar.
- Line up a summer job.
- Attend your Senior Awards Night.
- Review any award letters and be sure you understand the terms and conditions that accompany each type of aid.
- If necessary, arrange for housing and a meal plan (at school).

- Send thank you notes to any person/committee from which you received a scholarship.

### June

- Tribal higher education and adult vocational training applications are due June 30!
- Attend graduation – congratulations!
- Make arrangements for your final grades to be sent to colleges/universities.
- Good luck!

## Internships

- NBC News Summer Fellows Program  
Deadline: Ongoing
- HP 3D Printing Engineering Intern  
Deadline: Open until filled
- Pearson Packaging Systems Engineering Internship  
Deadline: Open until filled
- Wisdom of the Elders Agricultural Incubator Internship  
Deadline: Various
- NW Native American Research Centers for Health Research Support Fellowship  
Deadline: Rolling
- Northwestern University's Center for Native American and Indigenous Research Undergraduate Fellowships  
Deadline: Rolling
- Fred Hutchinson Cancer Research Center Post-Doctoral Research Fellow  
Deadline: Multiple
- Saturday Academy Internships  
Deadline: Multiple
- EPA Environmental Research and Business Support Program  
Deadline: Multiple
- National Science Foundation Research Experiences for Undergraduates  
Deadline: Multiple
- Claremont Native American Fellowship  
Deadlines: Multiple
- Indian Land Tenure Foundation  
Deadline: Multiple
- Environmental Protection Agency  
Deadline: Multiple
- American Fisheries Society  
Deadlines: Multiple
- Oregon Museum of Science & Industry (OMSI)  
Deadline: Multiple

## Other Opportunities

- Northwest Indian Language Institute 2019 Summer Institute ((June 17-28)  
Deadline: Ongoing
- Center for Native American Youth at the Aspen Institute – Generation Indigenous Network Youth Ambassador

### Higher ed website is one-stop shop for college grants

From Education Update, Oregon Dept. of Education, December 2016

The Higher Education Coordinating Commission encourages students and families preparing for college to go to [OregonStudentAid.gov](http://OregonStudentAid.gov) to check out the more than 500 grant and scholarship opportunities.

It's a one-stop shop for information, including the Free Application for Federal Student Aid (FAFSA), Oregon Promise and the Oregon Opportunity Grant.

The HECC Office of Student Access and Completion (OSAC) awards more than \$80 million each year in state-funded grants and privately funded scholarships to help students meet their college expenses.

### Outside Scholarships for NATIVE AMERICAN STUDENTS

**Cobell Scholarship**  
<http://cobellscholar.org/>  
various scholarships available  
\*essay required  
Open to descendants/enrolled members

**American Indian Services**  
<https://www.americanindianservices.org/>  
various scholarships available  
\*essay may be required  
Open to descendants/enrolled members

**American Indian College Fund**  
<http://www.collegefund.org/>  
various scholarships available  
\*essay required  
Open to descendants/enrolled members

**Bureau of Indian Education**  
<http://www.bie.edu/ParentsStudents/Grants/>  
various scholarships available  
\*essay may be required  
Open to descendants/enrolled members

**Native American Scholarship Fund**  
<http://catchingthedream.org/>  
various scholarships available  
\*essay may be required  
Open to descendants/enrolled members

# Tribal Council Timesheets for March 2019

## Lillie Butler – 3/1/19-3/31/19

TC	Ind	Gmg	STBC	ED	Tvl		
8.5	8.5	4			3/1-7	Packets, sign checks	
		6		2	3/8	Special TC – gaming, STBC mtg/packet	
2	2		2		3/11	Packets	
2	2				3/12	School board, packets	
2.5	2.5			2	3/13	Siuslaw Nat'l Forest, packets	
				3	4	3/14	Salem
3.5	3.5				3/15	Regular TC	
2	2				3/18	Packet	
4.75	4.75			2	3/19-20	NW forestry, packets	
1.75	1.75			3	3/21	Chemawa LLC	
8.5	8.5				3/22-27	Packets	
1.25	1.25				3/28	BIA	
2	2				3/29	Packets	
				9	3/31	NICWA	

## Sharon Edenfield – 3/1/19-3/31/19

TC	Ind	Gmg	STBC	ED	Tvl		
		4.5			2	3/8	Special TC – gaming
.75	.75					3/12	SVS quarterly mtg
				3	4.5	3/14	HBG Salem property
4	4					3/15	Regular TC
.75	.75				1	3/19	STRCP
8	8				26	3/24-26	Legislative mtgs, Washington, D.C.

## Robert Kentta – 3/1/19-3/31/19

TC	Ind	Gmg	STBC	ED	Tvl		
2	2				2	3/1	Interviews, Audit Comm
1.25	1.25					3/4	Natural Resources Comm/packet
.5	.5					3/7	TICC board
1.5	1.5				4	3/8	Sudden Oak Death Task Force mtg
2.5	2.5				2	3/13	Siuslaw Nat'l Forest, packets
3.75	4					3/15	Regular TC

## Loraine Y. Butler – 3/1/19-3/31/19

TC	Ind	Gmg	STBC	ED	Tvl		
1.25	1.25				3	3/6	OYA
.75	.75					3/7	Culture
		4.5			1	3/8	Special TC – gaming
2.25	2.25					3/9	OCCC Pearls of Wisdom
.75	.75					3/11	Packets
3.25	3.25					3/12	CPT, SVS, sign checks, packets
1.5	1.5			2.5		3/13	Siuslaw Nat'l Forest
3.25	3.25			2.5	4	3/14	HBG, packets
.5	.5					3/26	Sign checks
2.25	2.25					3/28	Mtg w/ assistant secretary

## Alfred Lane III – 3/1/19-3/31/19

TC	Ind	Gmg	STBC	ED	Tvl		
.5	.5				2	3/1	Audit Comm
		4.5			2	3/8	Special TC – gaming
3.75	3.75					3/15	Regular TC
8	8				26	3/24-27	Mtgs on Capitol Hill
2.5	2.5				2	3/28-29	Mtgs with assistant secretary – Indian Affairs and Mark Cruz

## Delores Pigsley – 3/1/19-3/31/19

TC	Ind	Gmg	STBC	ED	Tvl		
2.5	2.5			.25	2.5	3/1-4	Audit Comm, mail, agenda items
6	6				2.5	3/5-7	EPA conf, mail
		3	1.75		2.5	3/8	Special TC – gaming, STBC mtg
4.5	4.5					3/9-14	Mail, prep for council, agenda items
4	4				4	3/15	Regular TC, CW mtg
.75	.75					3/16-17	Mail
1	1				3	3/18	DAR award, mail
1.5	1.5				1.5	3/19	NW Tribal Forest Mgmt mtg, mail
1.5	1.5					3/20	Rep. Schrader, mail
4	4				7	3/21-22	Chemawa Station, LLC, J. Calica funeral, mail
.75	.75					3/23	Mail, agenda items
8.5	8.5				22	3/24-27	Legislative mtgs
2.5	2.5					3/28	Gov't mtgs, Chemawa, mail
1	1	1			16	3/29-31	NIGA, mail

## Angela Ramirez – 3/1/19-3/31/19

TC	Ind	Gmg	STBC	ED	Tvl		
1	1					3/2	Email, packets
1.25	1.25	1				3/4-6	Health Comm, email, packets
1.75	1.75				.5	3/7	Engaging People Who Use Drugs (CARE Program)
		4.5			2.5	3/8	Special TC – gaming
2	2				.5	3/9	OCCC Pearls of Wisdom
1.5	1.5					3/10	Email, packets
.5	.5				2.5	3/12	Sign checks, travel to Wilsonville
3.75	3.75				1	3/13	CVSSD grant mgmt, Tribal Nations mtg
				3	3.5	3/14	Salem project
3.75	4					3/15	Regular TC
8.75	8.75					3/16-26	Email, packets, sign checks
2	2					3/28	Dignitary visit
1.5	1.5				2.5	3/29-31	Casino event, email, packets

### Tribal Council Email Addresses

- Tribal Chairman: Delores Pigsley [dpigsley@msn.com](mailto:dpigsley@msn.com)
- Vice Chairman: Alfred "Bud" Lane III [budl@ctsi.nsn.us](mailto:budl@ctsi.nsn.us)
- Treasurer: Robert Kentta [rkentta@ctsi.nsn.us](mailto:rkentta@ctsi.nsn.us)
- Secretary: Sharon Edenfield [sharone@ctsi.nsn.us](mailto:sharone@ctsi.nsn.us)
- Lillie Butler [lbutler@ctsi.nsn.us](mailto:lbutler@ctsi.nsn.us)
- Loraine Butler [loraineb@ctsi.nsn.us](mailto:loraineb@ctsi.nsn.us)
- Reggie Butler Sr. [rbutler@ctsi.nsn.us](mailto:rbutler@ctsi.nsn.us)
- Gloria Ingle [gloriai@ctsi.nsn.us](mailto:gloriai@ctsi.nsn.us)
- Angela Ramirez [angelar@ctsi.nsn.us](mailto:angelar@ctsi.nsn.us)

**What to expect when you're approved for hearing aids through CHS** – You will be referred to Costco for hearing aids. Costco hearing aids cost 50-60 percent less than other providers with equal quality.

Your Contract Health Services team will help you obtain a Costco membership and help with transportation barriers. We look forward to working with you.



# Chinook Winds

## CASINO RESORT

### SEE OUR STARS SHINE



**Chicks with Hits**  
May 3 & 4, 8pm  
Tickets \$25-\$40



**Clay Walker**  
June 20 & 21, 8pm  
Tickets \$40-\$55

For tickets call 1-888-MAIN ACT (1-888-624-6228) or purchase online at chinookwindscasino.com. Discount available for Winners Circle Members.

### COMEDY ON THE COAST

May 10 & 11,  
8pm, \$15

Tickets available at the Chinook Winds Casino Resort Box Office.  
Buy by phone at 1-888-MAIN-ACT (1-888-624-6228), 541-996-5776 or online.  
21 and over event, doors open at 7:30pm with a no-host bar.



HEADLINER  
**CARL WOLFSON**



FEATURING  
**MITCH BURROW**



HOST  
**JEREMIAH COUGHLAN**



Will your luck at guessing hi-low cards hold out as you bet your way to the top where the **BIG MONEY** is? Top prize is \$14,800! Over **\$175,000 in CASH** is at stake!

**Drawings**  
**Sundays in May at**  
**3pm, 4pm & 5pm.**



Complete rules available at Winners Circle

### Twilight

THURSDAY SLOT TOURNAMENT

Night Owls, win a share of 3500 \$and Dollars!  
**MAY 9, 2019**



Free entry! Rounds played 8pm-11pm and collect **DOUBLE POINTS** until midnight. Top session finishers win 25 \$and Dollars. Top tournament finishers win up to 500 \$and Dollars!

Tournament entry is open to 270 players. Registration starts at 6pm. Register at any promotional kiosk. Double points credited by 8am the next day.

Rules available at Winners Circle. Management may change offers at any time.

### Boomer TUESDAYS

If you've had at least 55 birthdays, you're IN, and Tuesdays are just for YOU!  
**FREE SLOT TOURNAMENTS**  
Top finisher each session entered in Bonus cash drawing!

May 21 starting 8:30am. **DOUBLE POINTS** 8am-2pm! Win up to 500 \$and Dollars!

May 28 starting 6:30pm. **DOUBLE POINTS** 6pm-10pm! Win up to 500 \$and Dollars!

Tournament entry is open to 315 players. Registration starts two hours before tournament begins. Register at any promotional kiosk. Double points credited by 8am the next day.

Rules available at Winners Circle. Management may change offers at any time.



chinookwinds.com • 1-888-CHINOOK • Lincoln City



# Chinook Winds Casino Resort

## Entertainment

May 3-4: Chicks with Hits  
8 p.m., \$25-\$40

May 10-11: Comedy on the Coast  
8 p.m., \$15

May 25: King of the Cage  
6 p.m., \$40-\$100

June 20-21: Clay Walker  
8 p.m.; \$40-\$55

Oct. 11-12: Bill Engvall  
8 p.m., \$40-\$55

**Rogue River Lounge**  
Fri & Sat: Ultrasonic DJ, cover  
10:30 p.m. to 1:30 a.m.

**Chinook's Seafood Grill**  
Weds: Kit Taylor (pianist) – 5 - 9 p.m.  
May 17-18: Bret Lucich (alternative/rock)  
May 24-25: Reklless Kompany (variety)

All 8 p.m. to Midnight

## Special Events

Sun: 100% Payout Blackjack Tourney  
Sparkling Sunday Brunch at Siletz  
Bay Buffet

Mon: Bearable Mondays

Tue: Boomers Club  
\$2 Taco Tuesdays at Aces Sports  
Bar & Grill

Wed: Wine Wednesdays at Chinook's  
Seafood Grill

Fri: Seafood Feast at Siletz Bay Buffet  
Sat: Filet Night at Siletz Bay Buffet

Mon-Fri: Happy Hour at Rogue River  
Lounge (3-6 p.m.)

First Tuesday: Boomer Slots  
Third Thursday: Twilight Slots  
June 1: Survivor Auditions

### Hotel rates for Siletz Tribal members

Siletz Tribe hotel rates all year round! No longer do you have to guess at what your rate is and worry about higher rates in the summer. One rate for each hotel type is now \$79 for standard deluxe oceanfront rooms and \$99 for oceanfront junior suites.

### Tribal members can maintain monthly golfing privileges at Chinook Winds Golf Resort

Tribal members receive free greens fees and can walk nine or 18 holes at no charge. If a cart makes golf more enjoyable, it is only \$10 for nine holes or \$15 for 18 holes. New this year – We offer Tribal members monthly cart lease and golfing privileges starting at \$75/month.

- Tribal individual cart lease \$75/month
- Couples membership with cart lease \$125/month
  - Couple membership is eligible for any individual living in the same household as the Tribal member.
- Tribal family membership with cart lease \$150/month
  - Couple plus children in the same household under age 24 will have full golf and cart privileges (must be a licensed driver to drive the golf cart.)

Golf is an outstanding way to spend some time with your family and friends. Please take advantage of all of our employee benefits and spend some quality time outdoors on the beautiful Oregon Coast.

Cory Camilleri is our golf pro at Chinook Winds Golf Resort.



Siletz Reservation Robe Blanket, Size 64" x 80"

Price: Tribal member – \$153; Employee – \$188; Public – \$202

Contact April Middaugh at 541-444-8201 or 800-922-1399, ext. 1201, for more information and to purchase.

Siletz Reservation Saddle Blanket, Size 68" x 39"

Price: Tribal member – \$105; Employee – \$129; Public – \$138



**Tickets go on sale 90 days in advance.**

Concerts in the showroom are for ages 16 and older. Comedy on the Coast in the convention center is for ages 21 and older.

For more information or to obtain tickets for all concerts, call the Chinook Winds box office at 888-CHINOOK (888-244-6665) or 541-996-5825; or call 888-MAIN-ACT (624-6228).

All events, concerts and promotions are subject to change at the discretion of Chinook Winds Casino Resort.

Follow us on Twitter, find us on Facebook or visit our website at [chinookwindscasino.com](http://chinookwindscasino.com).

For more information about events in North Lincoln County, visit [lcchamber.com](http://lcchamber.com), [oregoncoast.org](http://oregoncoast.org) or [lincolncity-culturalcenter.org](http://lincolncity-culturalcenter.org).



If you want to be part of a great team and looking for a new career opportunity,

Please call Human Resources at (541) 996-5800 or (541) 996-5806.

[www.chinookwindscasino.com/careers](http://www.chinookwindscasino.com/careers)

Office Hours: Monday through Friday 8am-4:30pm

### Calling all Tribal member business owners

If you would like to be on the preferred Tribal members business list with Chinook Winds, please fax, mail, email or drop off your business card, brochures, or business information to:

Chinook Winds Casino Resort  
Attn: Purchasing Dept.  
1777 NW 44<sup>th</sup> St.  
Lincoln City, OR 97367  
Phone: 541-996-5853  
Fax: 541-996-3847  
[erica@cwresort.com](mailto:erica@cwresort.com)

Chinook Winds Casino Resort in Lincoln City, Ore., offers 24-hour Las Vegas-style gaming, an 18-hole golf course, headline entertainment from some of music's most legendary stars, three full-service restaurants, a secure child care facility and arcade, and a 243-room ocean-view hotel.

For more information, visit [chinookwindscasino.com](http://chinookwindscasino.com), or call 888-CHINOOK (244-6665) or 541-996-5825.

# Facility improvements, free domestic water quality program featured at Logsdan Community Club meeting

By Teresa Simmons

LOGSDEN, Ore. – A packed house of more than 60 people turned out to celebrate the improvements to the Logsdan Community Center made possible by a grant from the Siletz Tribal Charitable Contributions Fund.

The April 13 meeting featured not only the monthly sumptuous potluck but also an informative presentation on domestic water quality and testing.

The rainy evening did not deter people from turning out to learn about a free water testing program. Amy Chapman of the Lincoln County Health Department and Chrissy Lucas of the OSU Extension Service gave a lengthy presentation sharing information on water quality contaminants and ways to protect and improve domestic water systems.

Free testing of domestic water sources is also being offered to local residents with grant funds awarded to the Lincoln County Health Department. Contact Chapman at 541-265-0431 for more information on this program.

This is just one of many informative meetings the Logsdan Community Club will host in the refurbished facility. New flooring, insulation and heating has been installed by dedicated community volunteers with funds provided by a grant from the Siletz Tribal Charitable Contributions Fund.

The Logsdan Community Club meets nearly every month on the second Saturday at 6:30 p.m. The club donates a portion of its profits back to the community, including to the Siletz Valley Volunteer Firefight-



Photo by Teresa Simmons

Laurie Schmidt and her dad, Art Ray, help with the improvements to the Logsdan Community Center.

ers and most recently to Bright Horizons Therapeutic Riding Center.

The Logsdan Community Center, located at the junction of the Logsdan/Siletz Highway and Moonshine Park Road, is available to rent and is a wonderful location for local gatherings including weddings, family reunions, memorials and other celebrations.

The facility also houses a commercial kitchen for cottage industry entrepreneurs who market culinary items and is currently working with the Red Cross to become designated as an emergency warming shelter.

Rental rates for events at the center are reduced for individuals who become members of the Logsdan Community Club. Find us on Facebook at Logsdan Community Club.

Dear family and friends:

Rest in paradise to Sue Bennett, AKA G-Ma Sue. You will be missed but not forgotten. Special shout out to Aaron Bennett – sorry for your loss, with love and respect from the other side.

Deepest apologies and prayers to all family and friends. Be strong and know she's looking over us all.

Respectfully,  
Lakota Bayya  
SID# 109941, B-1 #32A  
IMSI  
P.O. Box 51  
Boise, ID 83707

## Tribal members get discounts at RV parks

Tribal members receive a 15% discount on spaces at Logan Road RV Park located in Lincoln City, Ore. Call 877-LOGANRV or visit loganroad-rvpark.com for more information.\*

Tribal members receive a 15% discount on spaces at Hee Hee Illahee RV Resort located in Salem, Ore. Call 877-564-7295 or visit heeheeillahee.com for more information.\*

\*Subject to availability

Tribal children in need of foster parents for:  
Permanent care,  
temporary foster care or  
short-term emergency care.

Contact,  
Indian Child Welfare  
541-444-8272

## Donate to STAHS through Amazon Smile

Here's how you can donate to the Siletz Tribal Arts & Heritage Society (STAHS) painlessly and effortlessly. It's as easy as 1,2,3,4.

Thank you for supporting STAHS!

1. Go to Amazon.com.
2. In the Department drop down box, type Amazon Smile.
3. See Amazon Smile – You shop. Amazon Gives.
4. Follow the easy directions.

## Siletz News Letters Policy

*Siletz News*, a publication of the Confederated Tribes of Siletz Indians, is published once a month. Our editorial policy encourages input from readers about stories printed in *Siletz News* and other Tribal issues.

All letters must include the author's signature, address, and phone number in order to be considered for publication. *Siletz News* reserves the right to edit any letter for clarity and length, and to refuse publication of any letter or any part of a letter that may contain profane language, libelous statements, personal attacks or unsubstantiated statements.

Not all letters are guaranteed publication upon submission. Published letters do not necessarily reflect the opinions of *Siletz News*, Tribal employees, or Tribal Council.

Please type or write legibly. Letters longer than 450 words may be edited for length as approved by Tribal Council Resolution #96-142.

Please note: The general manager of the Siletz Tribe is the editor-in-chief of *Siletz News*.

Editor-in-Chief: Brenda Bremner  
Editor: Diane Rodriguez  
Assistant: Andy Taylor

## General Council Meeting

Saturday, May 4, 2019 • 1 p.m.


Siletz Tribal Community Center  
Siletz, Oregon

- Call to Order
- Invocation
- Flag Salute
- Roll Call
- Approval of Agenda
- Approval of Minutes
- Programs
- Minors' Trust – Kiddie Tax
- Tribal Members' Concerns
- Chairman's Report
- Announcements
- Adjourn


# 2019 ELDER'S WOODCUTS

**Saturdays, 8:00 a.m. – 2:00 p.m.**  
Near USDA on Logsdan Road in Siletz


**Join us to split, load & deliver firewood to Tribal Elders**





Rain or Shine



**MAY 18**  
**JULY 20**  
**SEPT 21**



**Snacks, water, and PIZZA lunch provided**

Bring your own gloves.  
Bring axes and chainsaws if you have them.  
Wood splitters and tools provided on site.

**Tribal Elders who need firewood delivered must call  
the Elders Program to be added to the list.  
Raina (541) 444-8261, Anita (541) 444-8220,**



Happy 7<sup>th</sup> Birthday to my sweet baby girl, Deenie. I can't believe you're 7 already. Momma loves you to the moon and back.

Happy Birthday, Aunt Gloria. Hope you have an amazing day.  
Love, Selina, Cameron, Mateas and Deenie

Happy Birthday, Kent Rilatos!  
Love ya, Selina and kids

May 17 is an awesome day to celebrate these three on their birthdays. I love them all!



Happy 15<sup>th</sup> Birthday to our son, grandson, brother, nephew and the best uncle in the world, Hayden "McBuckets" Worman. We're so proud of the young man you're becoming. Keep up the great work.

Love, Mom, Chad, Dad, Grandma D, Papa, Aunt Booboo, Sissy, Richard and Finn

**For more information about  
the Siletz Tribal Arts &  
Heritage Society,  
visit [huu-cha.org](http://huu-cha.org).**

## Tipi Drawing

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ Roll #: \_\_\_\_\_

For Siletz Tribal members to use during the Nesika Illahee Pow-Wow on Aug 9-11, 2019. One entry per household. Must be a Siletz Tribal member to enter.

**Deadline for entries is June 17, 2019.** Names will be drawn soon after the deadline. Return the form to Siletz Pow-Wow, Attn: Tipi Drawing, P.O. Box 549, Siletz, OR 97380-0549.

**Note: You do not win the tipi. The drawing is only for a stay in the tipi during pow-wow weekend.**

## 2019-2020 Siletz Royalty Applications

Applications are being accepted for 2019-2020 Miss Siletz, Junior Miss Siletz and Little Miss Siletz. **Applications must be turned in by 4:30 p.m. on June 3, 2019.**

Applications can be sent to Siletz Pow-Wow Committee, P.O. Box 549, Siletz, OR 97380-0549.

Applications can be downloaded from the Tribal website, located under the pow-wow tab.

If you have any questions about the royalty applications or the tipi drawing, contact Buddy Lane at 800-922-1399, ext. 1230; 541-444-8230; or [buddyl@ctsi.nsn.us](mailto:buddyl@ctsi.nsn.us).

## Tribe seeks to update its record of Tribal veterans

It is important for the Tribe to keep a current updated record of our Siletz Tribal veterans. So often we are totally unaware of Siletz veterans who have served our nation, especially our younger veterans.

We are also trying to track how many Vietnam-era veterans have served and also how many were "boots on the ground." I would appreciate it if you could help supply us with this much-needed information. Thank you!

Tony Molina, Tribal Vet Rep.  
Low voltage license #2025LEA  
Confederated Tribes of Siletz Indians  
P.O. Box 549  
Siletz, OR 97380-0549  
800-922-1399, ext. 1330  
Direct: 541-444-8330  
Cell: 541-270-0569

### Information for Veterans

- A veteran or a family member whose veteran is enrolled in the VA only has 72 hours to report a non-emergency room hospital visit so as not to get billed.
- There is a new program for veterans called Veterans Appeal Improvement Modernization Act – for those veterans who have been waiting too long for their appeal to be addressed. Again, this is a new program.
- For veterans who are enrolled into the VA system – you can also apply to join My Healthy Vet to have access to your local VA doctor, prescriptions, etc. This is a very useful tool.
- Also, some veterans have joined the EBenefits logon application to try and do their VA needs online, but first you must be eligible to apply for VA ben-

efits. I'm here to help you in that VA enrollment process. It's your choice to try EBenefits or let me assist you.

- The VA can be a very complex program and very trying to one's patience – and I have experienced certain road blocks. So please give me a call and I will do everything within my means to make sure you can enroll in the VA system.
- Our VA presumes that spinal bifida in biological children of certain Vietnam-era veterans who were exposed to Agent Orange was caused by the veteran's military service. Eligible children may receive VA benefits.

Contact Molina if you have questions on any of these items.

### Free child ID kits from the Oregon State Police

**503-934-0188 or 800-282-7155;  
[child.idkits@state.or.us](mailto:child.idkits@state.or.us)**

### Passages Policy

Submissions to Passages are limited to two 25-word items per person, plus one photo if desired.

All birthday, anniversary and holiday wishes will appear in the Passages section.

*Siletz News* reserves the right to edit any submission for clarity and length.

Not all submissions are guaranteed publication upon submission.

Please type or write legibly and submit via e-mail when possible.